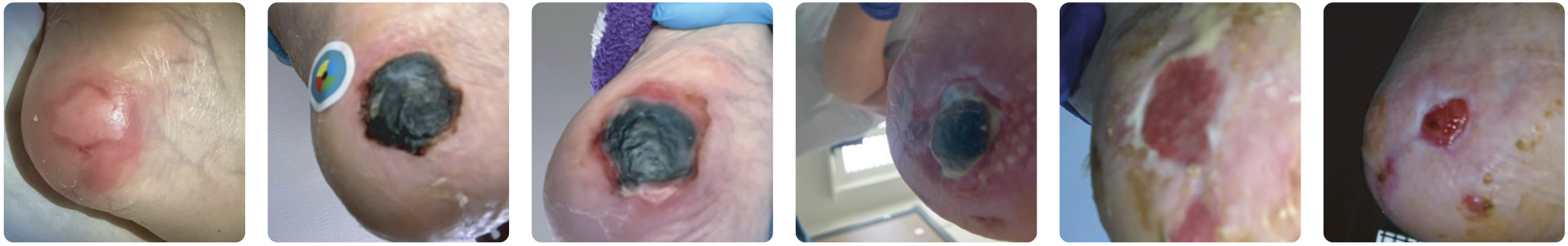
eKare inSight used to assess and track evolving Deep Tissue Injury to patient's heel

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BACKGROUND

eKare inSight® is a digital wound assessment app (DWA) that transforms and digitises wound care, enabling standardised, accurate wound assessment and supporting wound management planning directly at the point of care.

Gray et al. (2018) state

> **"there is too much variation, underuse of evidence based and overuse of ineffective interventions."**

The Tissue Viability Community team uses inSight alongside EMIS electronic patient record system (EPR) to communicate with and support community nursing teams. This enables the provision of specialist expert advice, access to evidence-based wound care formulary and management pathways, data collection and analysis, as well as remote tissue viability guidance and wound surveillance.

Consistent tracking of suspected deep tissue injury is essential because SDTI can rapidly evolve into full-thickness pressure ulcers, and digital tools like inSight support early detection through standardised, repeatable assessment (Gefen et al., 2013).

inSight optimises both Community Nurses' and Tissue Viability Specialist Nurses' time. Assessment is accurate, measurable and tracks wound progression, improving management and documentation. Categorisation can be verified and correctly recorded, wound progression monitored and healing rates logged.

Community Teams have open contact with the Tissue Viability Specialist Team and the TV team have up-to-date visual and documented information available.

MR B

This poster showcases the use of inSight to track, assess and monitor patient progress. Mr B is 90 years old and developed a Deep Tissue Injury to his heel following an episode of acute illness. inSight allowed real-time review, assessment and appropriate wound product selection with virtual support from the Tissue Viability Team throughout.

REFERENCES

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Gray, T.A., Rhodes, S., Atkinson, R.A., Rothwell, K., Wilson, P., Dumville, J.C. and Cullum, N.A. (2018) Opportunities for better value wound care: a multiservice, cross-sectional survey of complex wounds and their care in a UK community population. BMJ Open, 8(3), e019440. https://doi.org/10.1136/bmjopen-2017-019440

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